Book Review: Healing Civilizations: The Search for Therapeutic Essential Oils and Nutrients

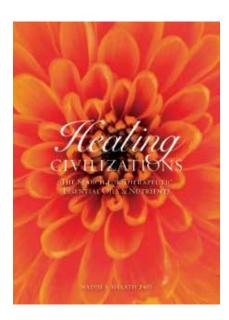
By Felix Buccellato, President, Custom Essence Inc.

The book by Nadim A. Shaath, Ph.D., represents the true nature of the flavor and fragrance industry which itself is a balance and blend of science and art.

ith a foot firmly planted in modern science and medicine, Shaath rekindles the magic and mystery of ancient herbal medicine and botanical extracts.

This large (9.25 x 12.75 inches) coffee table book in vibrant color with lay-flat pages is a fascinating treatise on the history of the natural world. In includes an up-to-date review, monographs of 70 of the most important (in terms of use) botanical extracts of a wide variety, and their methods of





extraction – all augmented with terrific photographs of exotic locations, botanicals and processes.

The book begins with a historical perspective from Egypt and Greece and progresses through the various geographical, historical locations and events with a scientific and spiritual passion for the world of nature's bounties and lessons.

The text includes 400 beautiful, colorful photographs of the most important essential oils and absolutes used in perfumery and flavor. They include GC/MS analysis of many of the materials along with physiochemical properties, regulatory status including FEMA, EINECS and CAS numbers where appropriate, safety data, relative price scale, country of origin and aroma therapeutic properties.

This text is a must-have for the amateur as well as the professional who will appreciate the history, science and current monographs of essential oils.

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Events

More events are posted at www.PerfumerFlavorist.com/events. Filter events by topic and region; submit event announcements; access exclusive event coverage and photo albums.

March 9—CSA, NAFFS and SFC Joint Meeting; Anaheim, CA; www.chemicalsources.org

March 17–19—**Phyt'Arome**; *Grasse*, *France*; *www.phytarom-grasse.fr/en/*

June 14–15—XIIIth International Exhibition of Raw Materials of Perfumery; Paris, France; www.simppar.fr/

June 25–28—**IFT**; *Las Vegas, Nevada; http://am-fe.ift.org/cms/?pid=1001034*

September 24–28—**IFEAT**; *Athens, Greece; www.ifeat.org/* October 25–27—**Flavorcon**; *Rosemont, Illinois*;

www.flavorcon.com/

2018

June 5–7—**World Perfumery Congress**; *Palais des Congres Nice Acropolis, Nice, France; wpc.perfumerflavorist.com*

July 15–18—**IFT;** *McCormick Place, Chicago, Illinois; http://am-fe.ift.org/cms/?pid=1001034*